

Charities' eggplant bonanza

THE FACTS

EGGPLANTS are also referred to as aubergines
THE fruit is botanically classified as a berry
IT is a close relative of tobacco
It is native to India
SOME studies show eggplant is effective in the treatment of high blood cholesterol
IN 5th century China, fashionable women made a black dye from eggplants to stain their teeth and make them shine like silver after polishing.

Food | Tim Wetherell

ANYONE for moussaka?
 About 800kg of eggplant was donated to Kensington food agency SecondBite following the Big Night Out with restaurant Fifteen fundraising dinner this month.
 SecondBite warehouse and logistics manager Patrick Coville said the hundreds of eggplants would be delivered to about 80 agencies, including Sacred Heart Mission and the Asylum Seeker Resource Centre, which provide meals for kitchens to hand out parcels of food.

"The donation translates to money saving for agencies providing meals and translates to meals for people who are in limbo," Mr Coville said.
 SecondBite, a not-for-profit organisation, supplies and delivers fresh produce and perishable food to charities across Melbourne.
► To donate go to secondbite.org

Patrick Coville and Emily Wild volunteer co-ordinator show off the eggplants.
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